

# COVID-19 Protocol for Families



## COVID-19 Symptoms

- Fever 100.4 or higher; chills
- Cough
- Shortness of breath
- Difficulty breathing
- Sore throat
- New loss of taste or smell
- New muscle or body aches
- Nausea, vomiting, diarrhea
- Headache
- Runny nose or Congestion
- Fatigue

### 1. COVID-19 Close Contact\*

Someone (household member, friend, or visitor) that the student was in close contact with has tested positive.

Entire household must **Quarantine for 14 days from the last date of exposure.** Testing is encouraged between day 3-5 days after the last date of exposure.

COVID-19 positive person must **Isolate** for 10 days from start of the illness (or 10 days from the date of test if no symptoms)

\* Negative testing is not required to return.

Fully vaccinated household members who are not experiencing symptoms do not need to quarantine. It is recommended that they be tested 3-5 days after the last day of exposure.

### 2. Child Is Sick With Any COVID-19 Symptoms

Call your child's healthcare provider

**Get child tested for COVID-19**  
Stay home awaiting results. Siblings should stay home until a negative test result or alternative diagnosis is received for the symptomatic child.

**POSITIVE\*\***

COVID-19 case must **Isolate** for 10 days from start of illness; non fully vaccinated household members must **Quarantine** 14 days (from date of last contact or end of case's isolation)

**NEGATIVE**

**Stay home until illness is over**

- ✓ Symptoms have steadily improved
- ✓ Fever-free for 24hrs without medication
- ✓ No uncontrollable cough
- ✓ No vomiting or diarrhea for 24hrs

### 3. Non-Student Household Member Is Sick

If COVID-19 symptoms...

Call symptomatic person's healthcare provider

Does healthcare provider say the symptomatic person needs a COVID-19 test?

**YES**

**NO**

Get sick person tested for COVID-19

**POS\*\***

**NEG**

Non-fully vaccinated household members must **Quarantine 14 days** (from date of last contact or end of case's isolation); Sick person must **Isolate** for 10 days

Does child have any symptoms?

**YES**

**NO**

Go to #2: "Child sick"

**Child can return to school!**

\* CDC defines a close contact (being within 6 ft of a known case for 15 min or more during the contagious period (2 days before illness onset and 10 days after first symptom) \*\* CPS Cases should SELF-REPORT to [cps.edu/covidresults](https://cps.edu/covidresults). Parents or guardians report on behalf of their own children. CPS Contact tracing Team does not accept or act on second hand reports, speculation, assumptions, or rumors.